



LUNENBURG COUNTY
Multisport
pilot

Soccer
Fencing
Triathlon
Run, Jump,
Throw, Wheel
Tae Kwon Do
Football
Swimming
Gymnastics



All Abilities welcome!
Children must be in grade two or three
Maximum of 30 Participants.
*Program requires a minimum of 25 participants

Modelled after the Antigonish Multisport Program

**8 SPORTS,
3 MONTHS,
1 REGISTRATION**

**WE WANT TO HELP KIDS
REACH THEIR POTENTIAL
THROUGH SPORT!**

Multisport participation leads to:

- Better overall skills and ability;
- Smarter and more creative players;
- Less burnout and overuse injuries;
- More lifelong enjoyment in sport; and
- Most importantly, **IT'S MORE FUN!**

All sessions will be facilitated by recreation program coordinators and delivered by community sport organizations. Each lesson focuses on developing physical literacy through skill development and fun, setting the ground work for a love of sport and an 'I can play anything!' attitude.

March 2017 to June 2017

\$150 with payment options available
Funding Assistance available through Municipal recreation department

Registration opens January 3, 2017

For more information:
Municipality of the District of Lunenburg
902-541-1343 or 902-298-9531
lunenburgcountymultisport@gmail.com

Lunenburg County Multisport

